Year 9

HOME ECONOMICS

Worksheet 7

You can write your answers on this paper if you have printed this worksheet and paste it in your exercise book or answer in your exercise book or activity book by writing down both questions and answers.

REWRITING A RECIPE

- 1. Read the recipe on Ginger Muffins.
- 2. Rewrite the recipe by completing the table given.

Ginger Muffins

Sift 1 cup plain flour, 1 cup plain wholemeal flour, 2 teaspoons baking soda, 1 teaspoon ground ginger, and ½ teaspoon cinnamon into a bowl. Empty bran from sifter into bowl. Stir in ½ cup brown sugar. In a saucepan melt 100g butter with ¼ cup golden syrup. In a cup beat 1 egg, ¾ cup milk, and I teaspoon baking soda. Make a well in the centre of the dry ingredients and add the liquid ingredients to the dry ingredients. Stir lightly to moisten all dry ingredients. Do not stir too much. Place spoonfuls of the mixture into greased patty tins. Bake in a hot oven for 15 minutes, or until golden brown. Serve hot or cold with butter if desired.

Recipe	
Ingredient	Method
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	maiso
No. of the second s	Serves :



Total : 24 marks

The End